

## Bridge Centre Programme Autumn-2016

Day	Time	Group Activity	Contact Person	Phone/ email	For further Information
<b>MONDAY</b>	9.15 -12.15pm	Hullabaloo Musical fun for children from 4 months to 5 years	Charlotte McMillan	07966 434591 01875 341679	
	3.45 – 5.45pm	Andrea Mannion Dance School Children's classes in Ballet, Modern/Jazz and Show Work.	Andrea Mannion	01875 811801	<a href="http://www.andreamanniondanceschool.co.uk">http://www.andreamanniondanceschool.co.uk</a>
	7.00 – 8.30 pm	Chi Kung	Heather Harbinson	01875 341020	
	8.00 – 9.30 pm	East Edinburgh Kung Fu (Lau-Gar Style)	Jim Cairns	0131 663 3891	<a href="http://www.eastedinburghlaugar.com">http://www.eastedinburghlaugar.com</a>
<b>TUESDAY</b>	9.30 – 11.30 am	St Mary's Playgroup		07999 451903	
	9.45 - 11.00am	Interval training/Keep Fit	Kath McGonigle	01620 825594	<a href="http://www.bridgecentrekeepfitclass.co.uk">http://www.bridgecentrekeepfitclass.co.uk</a>
	2.15 – 4.45pm	Iyengar Yoga	George Glen	01875 320765	
	3.45 - 6.30 pm	Andrea Mannion Dance School Children's classes in Ballet, Modern/Jazz and Show Work	Andrea Mannion	01875 811801	<a href="http://www.andreamanniondanceschool.co.uk">http://www.andreamanniondanceschool.co.uk</a>
	5-6pm, 6.30 – 7.30 pm & 7.45 – 9.15 pm	Hatha Yoga	Nicola Bourke	07766 174462	
	3.45 – 4.45pm	Music Project Beginners Guitar Group	Doug Haig or Nettie Sadler	01620 823137	<a href="http://www.myspace.com/bridgecentreentremusicproject">http://www.myspace.com/bridgecentreentremusicproject</a>
<b>WEDNESDAY</b>	9.30 – 11.30 am	St Mary's Playgroup		07999 451903	
	9.30 -11.00 am	Mothers & Others run by Haddington Childminding Group	Janet Brent	01620 824629	
	1.30 – 3.30 pm	Poldrate Quilters	Kathy Wallace	01875 895003	

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	4.30 – 5.30pm pm	Music Project Beginner/Intermediate Guitar Class	Doug Haig or Nettie Sadler	01620 823137	<a href="http://www.myspace.com/bridgecentremusicproject">http://www.myspace.com/bridgecentremusicproject</a>
	6.00 – 8.30 pm	Motor Cycle Workshop (members only) 12 – 16 years	Garry Campbell/ Rowan Mitchell	01620 823137	<a href="http://bcmp.org.uk">http://bcmp.org.uk</a>
	6.30 – 9.30 pm	Haddington Games Club - 9 years and over	Dr Gary Galbraith	01620 825616	<a href="http://www.haddingtongamesclub.co.uk">http://www.haddingtongamesclub.co.uk</a>
	7.00 – 9.00 pm	Bridge Theatre Co	Tim Hedger- Gourlay		<a href="mailto:thebridgetheatrecompany@aol.co.uk">thebridgetheatrecompany@aol.co.uk</a>
<b>THURSDAY</b>	9.30 – 11.30 am	St Mary's Playgroup		07999 451903	
	1.00 – 2.00pm	Tiny Talk East Lothian (baby signing classes)	Paula Baillie	07599 833021	<a href="http://www.tinytalk.co.uk/paulab">www.tinytalk.co.uk/paulab</a> email : <a href="mailto:paula@tinytalk.co.uk">paula@tinytalk.co.uk</a>
	4.30 – 6.00pm	Music Project Drum Class	Doug Haig or Nettie Sadler	01620 823137	<a href="http://www.myspace.com/bridgecentremusicproject">http://www.myspace.com/bridgecentremusicproject</a>
	4.30 – 5.30pm	Music Project Intermediate Guitar Class	Doug Haig or Nettie Sadler	01620 823137	<a href="http://www.myspace.com/bridgecentremusicproject">http://www.myspace.com/bridgecentremusicproject</a>
	6.00 – 9.00pm	Music Project Hands on session	Doug Haig or Nettie Sadler	01620 823137	<a href="http://www.myspace.com/bridgecentremusicproject">http://www.myspace.com/bridgecentremusicproject</a>
	6.00 – 9.00 pm	Bridge Centre Drop In (ages 13 – 18)	Eilidh McLuckie	01620 823137	<a href="mailto:bridgecentreyouthnights@gmail.com">bridgecentreyouthnights@gmail.com</a>
	7 – 8.10 pm	Interval Training/ Keep Fit	Kath McGonigle	01620 825594	<a href="http://bridgecentrekeepfitclass.co.uk">http://bridgecentrekeepfitclass.co.uk</a> email : <a href="mailto:keepfitclass@hotmail.co.uk">keepfitclass@hotmail.co.uk</a>
<b>FRIDAY</b>	8.45 – 12.15 pm	Gymsters (ages 18 mths to 5 years)	Fiona Anderson	01875 340061	
	10 – 11am & 11.15 – 12.15pm	Yoga & Relaxation	Irene Beldon	07855 304407	<a href="mailto:info@irenebeldon.co.uk">info@irenebeldon.co.uk</a> <a href="http://www.irenebeldon.co.uk">www.irenebeldon.co.uk</a>
		Flute lessons for all ages and levels	Barbara Richerby	01368 830411	
	7.30 – 10.30 pm	Live Music (approx 3 times per year)	Doug Haig or Nettie Sadler	01620 823137	<a href="http://www.myspace.com/bridgecentremusicproject">http://www.myspace.com/bridgecentremusicproject</a>

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	5.00 - 8.00pm	Film Friday	Doug Haig or Nettie Sadler	01620 823137	
<b>SATURDAY</b>	2 sessions take place, morning/ afternoon	Motorcycle Project Off Road Sessions (Members only, as timetabled)	Garry Campbell/ Rowan Mitchell	01620 823137	<a href="http://bcmp.org.uk">http://bcmp.org.uk</a>
	6.30 -9.30pm	Jericho Café (Friday Friends)			Email: <a href="mailto:rosina@fridayfriends.org.uk">rosina@fridayfriends.org.uk</a>
<b>SUNDAY</b>	2 sessions take place, morning/ afternoon	Motorcycle Project Off Road Sessions (Members only, as timetabled)	Garry Campbell/ Rowan Mitchell	01620 823137	<a href="http://bcmp.org.uk">http://bcmp.org.uk</a>

The University of the Third Age (U3A) also meets regularly at the Bridge Centre and hold classes covering a variety of subjects. Please log onto their website: [www.eastlothianu3a.org.uk](http://www.eastlothianu3a.org.uk) for further information and booking requirements.